

Neurospinal & Cancer Care Institute M. HASHIM MEMORIAL TRUST



PAKISTAN GAMMA KNIFE & X-KNIFE RADIATION * PET CT & PET-GUIDED RADIOTHERAPY * NEUROSPINAL & MEDICAL SERVICES

Editor-in-chief

Prof. Dr. A. Sattar M. Hashim (Neuro Surgeon) 0333-2370585

Editorial Board:

Dr. Shahid Kamal (Nuclear Physician)

Dr. M. Abid Saleem (Neuro Surgeon) 021-32259938

Dr. Azhar Rashid (Radiation Oncologist) Dr. M. Ali Memon (Radiation Oncologist) Dr. Mahesh Kumar

(Consultant Radiologist)

Dr. Omar Siddiqui (Integrative Medicine / Oncology)

(MSIO) USA

Coordinators:

Dr. A. B Memon 0300-2418255

Dr. Amjad Shahani 0300-3680084

Dr. Syed Sohail Hussain 0333-3124707

Mr. Hamid Shah Kazmi 0333-6904524

Mr. Abdullah Panhwar 0333-2126438

Mr. Kamran Rabbani 0333-3533922

Mr. Rashid Khan Jadoon 0345-3206006

In this Issue

- Deep Brain Stimulalation
 Page 01
- * Early diagnosis of Cancer with PET SCAN
 Page 02
- ★ International Story
 Page 03 & 04

100/1, Depot Lines, Mansfield Street, M.A Jinnah Road, Saddar, Karachi-74400. Tel: +92-21-32259959, 32258848 32256307, 32255289 Fax: +92-21-32230210 E-mail: info@ncci.org.pk neurospi2013@gmail.com Web: www.ncci.org.pk

Facebook: http://facebook.com/nmihospital

Deep Brain Stimulation

Deep Brain Stimulation (DBS) is a surgical treatment which implants a medical device called a Brain Pacemaker.

DBS sends electrical impulse to specific parts of the brain which need to be stimulated. DBS in selected brain regions has provided effective benefits for the diseases such as

- (i) Parkinson's Disease
- (ii) Dystonia
- (iii) Tremor
- (iv) Chronic pain

The Food and Drug Administration (FDA) approved DBS as a treatment for essential tremor and Parkinson's disease (PD) in 1997, Dystonia in 2003, obsessive compulsive disorder (OCD) in 2009 and epilepsy in 2018. DBS has been studied in clinical trials as a potential treatment for chronic pain for various affective disorders, including major depression.

DBS system consists of 3 parts

- (I) The IPG: is a battery-powered neurostimulator encased in a titanium housing, which sends electrical pulses to the brain to interfere with neural activity.
- (ii) LEAD the target site is a coiled.
- (iii) EXTENSION in polyurethane : wire insulated with four platinum iridium electrodes .

The lead is connected to the IPG by the extension.

IPG Battery

Deep Brain Stimulation by NCCI is a brand of "Renewed Hope" being with better technology, innovative features and cost-effectiveness. It helps them live a normal life without becoming a liability on society.

Extension



Newsletter March 2019



Early diagnosis of Cancer with PET CT SCAN

Why Early Diagnosis of Head & Neck Cancers is Difficult?

Cancers in the head and neck region at early stages are commonly associated with few symptoms, and when symptoms are present, they may be minor and nonspecific. Even advanced-stage cancers at initial presentation may have few, minimal, or nonspecific symptoms.

How PET-CT SCAN Can Help

A 57 Years old male with complain of inability to swallow (Dysphagia).

Biopsy was done in July 2018 and it was in conclusive (No evidence of any malignancy).

Patient consulted (As Second Opinion) to Neurospinal & Cancer Care Institute (NCCI) where biopsy was planned again for proper diagnosis and PET / CT SCAN was planned to achieve a good biopsy.

GROSS DESCRIPTION:

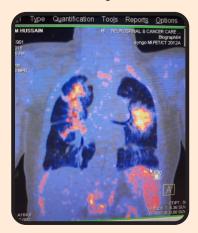
The specimen is received in formalin coded as "Right nasopharyngeal mass". It consists of four grey white irregular tissue pieces measuring 1.2 \times 0.6 cm in agg. Entirely submitted in a single cassette (SUM).

MICROSCOPIC DESCRIPTION:

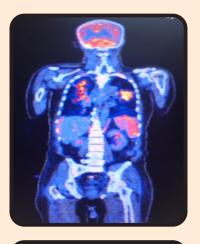
Section shows fragments covered by respiratory mucosa with underly seromucinous glands and moderate lymphoplasmacytic infiltrate. In one fragment abundant lymphoplasma cells are sewith polymorphonuclear neutrophils and histiocytes. PASD stain is negative for fungus. Cytokeratin AE1/AE3 highlights surfact mucosa. CD20 and CD3 show mixed lymphoid population.

DIAGNOSIS: Right nasopharyngeal mass:
Respiratory mucosa with reactive lymphoid tissue.

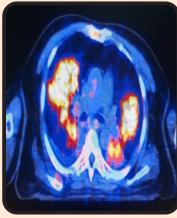
Unfortunately PET / CT SCAN showed metastasis from Oropharynx to various other sites including lungs, Skull base, Spine, Iliac crest and Abdomen.

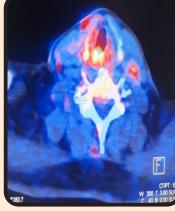


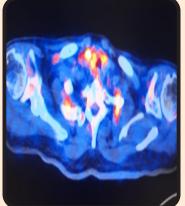














This is eye opening message for doctor's community that this patient would have been saved with earlier diagnosis of Cancer done by PET / CT SCAN and treated at time.

Neurospinal & Cancer Care Institute (NCCI) is the first and the only facility that installed (64 Sliced) PET / CT SCAN that can

- Detect cancer at an early stage.
- Determine whether a cancer has spread in the body.
- Assess the effectiveness of a treatment plan, such as cancer therapy.
- Determine if a cancer has returned after treatment.
- Evaluate brain abnormalities, such as tumors, memory disorders, seizures and other central nervous system disorders.

Newsletter March 2019



A Distributed and Efficient Method to Treat Multiple Brain Metastases Using Leksell Gamma Knife® Icon™

- 38 year old male
- Patient presented with lung cancer and multiple metastases in the brain
- No significant headaches, nausea or vomiting
- Molecular status was ALK+ve, EGFR and PDL₁-ve

Cut-volume views showing numerous contoured metastases in the brain. August, 2017

WHY Leksell Gamma Knife Icon?

Given that the patient is young, ALK+ve and newly diagnosed, the team at Sunnybrook wanted to provide definitive local control to the existing lesions and reserve whole brain radiation as a salvage therapy. Especially as the new targeted agents for ALK+ve lung cancer can cross the blood-brain-barrier and potentially control micrometastatic disease.

As the majority of the tumors are subcentimeter, Leksell Gamma Knife was thought to be the ideal technology as the normal brain tissue will receive the lowest integral dose as compared to MLC based technology. Another consideration was the ability to maximize dose fall-off as when targets are close together the aim is to limit the bridging doses.

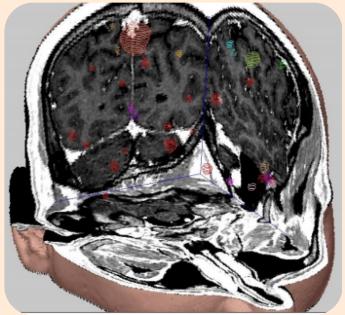
Case Overview

Number of metastasis: 34

Median (range) GTV volume: 0.026 (0.004 – 2.517) cm₃

(**Note:** The range of the targets is 0.004 - 0.265 cm3 if the largest target is excluded.)

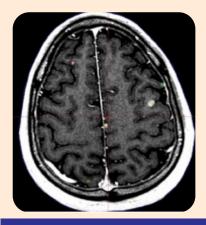
Total GTV volume: 4.0 cm

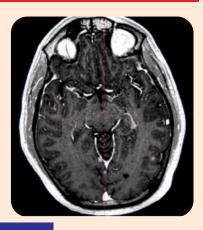




Newsletter March 2019







TREATMENT PROTOCOL

- All targets were treated in 6 sessions over 8 days
- 3 to 7 targets were treated each day
- Rx = 18Gy 32/34 targets (to 43% 80% isodose line)
- Rx = 16Gy 2/34 targets (to 75% and 80% isodose lines)
- Most of the targets were treated with a single shot
- Total # of shots: 45
- Segmentation tool allowed for fast accurate target delineation (minutes to contour them all)



RESULTS

- Patient had an excellent response to treatment, with the majority of tumors either regressing or completely resolving at 3 months with no new metastases. The response persisted at 9 months.
- He remains neurocognitively intact and continued to work.
- The patient was not fatigued and did not require steroids.
- At the last follow up his disease was under control with no progression intra-cranially nor extra-cranially
- He remains on current Osimertinib systemic therapy.